



# Matt Rogers

**Former professional hockey player and Buffalo Sabres skating coach.**

**Has worked with thousands of players from youth level to the NHL**

## Pre-Season Conditioning & Skills Camp

**August 15<sup>th</sup> - 19<sup>th</sup>**

Skatenation Plus  
4350 Pounce Tract Road  
Glen Allen, Virginia

### Total of 10 Hours on Ice

Group 1: U14  
a.m.

On Ice Skills: 9:00 a.m. - 11:00

Group 2: U16  
p.m.

On Ice Skills: 11:10 a.m. - 1:10

Player Cost: \$550 (36 maximum per group)

Goalie Cost: \$400 (4 maximum per group)

For more information:

Email: [Matt@rogersedge.com](mailto:Matt@rogersedge.com) or [jimfrick9@yahoo.com](mailto:jimfrick9@yahoo.com)

Phone: Matt Rogers: 603-296-7698

Phone: Jim Frick: 508-226-4939

Venmo: @MattRogers6512

Website: [Rogersedge.com](http://Rogersedge.com)