



## **ROGERS EDGE Thursday Evening Spring Skills!**

**Youth Hockey Players, Parents & Coaches,**

**Rogers Edge is pleased to announce a ten week series of spring skills sessions (First session March 28th) to be held at Mark Bavis Arena.**

**Matt Rogers himself will lead these sessions. Workouts will be focused on stick handling, passing, shooting with the main focus being detailed power skating (tuning stride, edge work and quickness). It isn't a well kept secret that the majority of the best player in the game happen to be the best skaters. Given this fact we choose to emphasize this area of instruction to maximize a players ability and help each reach their full potential.**

**About Matt Rogers:**

**Matt Rogers, is a former 6 year professional player and the former skating and skills coach of the Buffalo Sabers organization. He has over 10 years of experience working with players at every level from Mites to the NHL. That experience includes ice hockey camps, clinics, treadmill training and coaching. Matt is proud to work with a number of elite and AAA programs all across the U.S. and Canada.**

**Dates are all Thursdays**

**March 28**

**April 4, 11, 18, 25**

**May 2, 9, 16, 23, 30**

**Ice time: 6:00PM-7:00PM**

**Cost \$650**

**Please contact Matt directly for information and to reserve your player's spot.**

**[matt@rogersedge.com](mailto:matt@rogersedge.com)**

**<http://www.rogersedge.com/>**