



Skating, Total Skills & Battle Clinic!

Starting Dec 19th thru the 23rd Rogers Edge and Sgori Contact & Skills will be joining forces to bring you a holiday clinic at Ellenton Ice and Sports Complex. Two former teammates are back together again, this time on the coaching side. Matt and Mike are happy to be bringing their many years of knowledge of the game to the area's rising players.

Workouts will be focused on stick handling, passing, shooting, battle & creating space with the main focus being detailed power skating (tuning stride, edge work and quickness). It isn't a well kept secret that the majority of the best player in the game happen to be the best skaters. Given this fact we choose to emphasize this area of instruction to maximize a players ability and help each reach their full potential.

Group 1) 2nd yr AAA Mite/Squirt/PeeWee

Ice time: Sat 19th 4pm to 5pm, Sun - Wed 9AM -10:50am

Group 2) Bantam - High School

Ice time: Sat 19th 5pm to 6pm, Sun - Wed 11AM -12:50am

30 Skaters max each group

Cost Breakdown

\$525 for all sessions

Location: 5309 29th St E, Ellenton, FL 34222

About Matt Rogers & Mike Sgori:

Matt Rogers, is a former 6 year professional player and the former skating and skills coach of the Buffalo Sabers organization. He has over 10 years of experience working with players at every level from Mites to the NHL. That experience includes ice hockey camps, clinics, treadmill training and coaching. Matt is proud to work with a number of elite and AAA programs all across the U.S. and Canada

Mike Sgori is a dynamic and personable athlete with a professional hockey career spanning over 16 years. He started hockey in his home town of Toronto, Canada at age four and has played in over 50 cities at the junior, collegiate and international professional level. Upon retiring from hockey Mike immediately transitioned to develop athletes at all ages and skill levels. Mike has coached and mentored hundreds of students over the last decade who are now finding success on and off the ice.

Please contact Matt or Mike directly for information and to reserve your player's spot.

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